

In the Name of Allah the most Gracious the Most Merciful

by Khadijah Begum

Sick and tired of hardships in life? Stressed out?

Well have a read of Allah says in the Holy Qur'an:

{Certainly, We shall test you with fear, hunger, loss of wealth, lives and fruits; but give glad tidings to the patient - those who, when afflicted with calamity say, `Truly to Allah we belong, and truly to Him shall we return. ` It is those who will be awarded blessings and mercy from their Lord; and it is those who are the guided ones.} [Surah Baqarah, 2:155-157]

Subhan'Allah (Glory be to Allah), the life of this world is nothing but a Big Test, one after another... but the believer stays strong and never gives up. The Believer shows gratitude and thankfulness for all the wonderful blessings Allah gives him and displays patience and submission during sickness and hardships, hunger, or other afflictions.

We should always remember as well that a good believer is always tested by Allah. This is how Allah reveals our true nature to our own selves to show us if we are sincere or not. It is very easy to profess faith in Allah and to be devout when times are good. It is quite another thing to maintain that faith when times are difficult and hardships are pressing in on us. We should not think that just because we are good believers and practice what Islam teaches us we will not be tested with difficulties:

{Do men think that they will be left alone on saying, "We believe," and that they will not be tested? We did test those before them, and Allah will certainly know those who are sincere from those who are liars.} [Al-'Ankabut 29:1-2]

If we are able to stay true to our beliefs in the most trying of times, then we will know that our faith is strong and not easily shaken. We know that we are not just saying we believe but that we truly are believers who are strong enough, with Allah's help, to be patient and steadfast against the most difficult trials this life presents us with.